

DECEMBER

December 2021

Hasbrouck Heights Middle/High

Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

2

FRIDAY

3

10

MSHS Price List •Student Lunch: \$0.00 Fast & Fresh:

Assorted Pizza's

- Assorted Salad's with Choice of Grain
- Yogurt & Fruit Parfait

• Crispy Chicken Sandwich

- Mixed Vegetables Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs

Muffin Bag Meal Hummus Bento Box Italian Sub or Hoagie

Baby Carrots

- Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs

Bagel Bag & Yogurt Meal Cheese and Fruit Platter

- Grilled Chicken Caesar Wrap
- Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs

Cereal Bag w/ Yogurt Hummus Bento Box

6

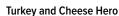


Chicken Nuggets

- **Cucumber Coins**
- Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs

Cereal Bag w/ Yogurt Hummus Bento Box



- Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs · Bagel Bag & Yogurt Meal

Cheese and Fruit Platter



- Grilled Cheese Sandwich
- Mixed Vegetables
- Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs

Muffin Bag Meal Hummus Bento Box

· Italian Sub or Hoagie

- **Baby Carrots**
- Assorted Fresh or Chilled Fruit
 - Milk Variety

Daily Swap Outs

Bagel Bag & Yogurt Meal Cheese and Fruit Platter

- **Twisted Cheesy Breadsticks** with Marinara Sauce
- Fresh Apple
- Mixed Vegetables
- Milk Variety

Daily Swap Outs

Cereal Bag w/ Yogurt Hummus Bento Box

13

- Chicken Tenders
- Oven Baked French Fries
- Fresh Veggie Dippers
- Milk Variety

Daily Swap Outs

Cereal Bag w/ Yogurt Hummus Bento Box

14



- · Turkey and Cheese Hero
- Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs

Bagel Bag & Yogurt Meal Cheese and Fruit Platter

15



- All Natural Beef Hot Dog on a
- Celery Sticks Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs

Muffin Bag Meal **Hummus Bento Box** 16



Italian Sub or Hoagie **Baby Carrots**

Assorted Fresh or Chilled Fruit

Milk Variety

Daily Swap Outs

Bagel Bag & Yogurt Meal Cheese and Fruit Platter

17



Pizza Bagels Cucumber Tomato Salad Assorted Fresh or Chilled

Fruit Milk Variety

Daily Swap Outs

Cereal Bag w/ Yogurt Hummus Bento Box

20



- Cheeseburger on a Bun
- Assorted Fresh or Chilled Fruit
- Milk Variety

Daily Swap Outs

Cereal Bag w/ Yogurt **Hummus Bento Box**

21

- Chicken Tenders French Fries
- Milk Variety

Daily Swap Outs

 Bagel Bag & Yogurt Meal Cheese and Fruit Platter

Pizzn Dam

Pizza Bagels Cucumber Tomato Salad Assorted Fresh or Chilled

Fruit Milk Variety

Daily Swap Outs Muffin Bag Meal

Hummus Bento Box

23



Half Day - No Lunch Served

24

HAPPY HOLIDAYS

Holiday Break





























